

Reflection Journaling Guide: Repentance & Renewal

- **What idols or distractions have taken God's place in my heart?**
-Write down anything that competes with your devotion.
- **Where do I need to humble myself before God?**
-Reflect on areas of pride or resistance and surrender them in prayer
- **What cycles of sin am I still repeating?**
-Identify patterns that keep you stuck and ask God for strength to break them.
- **How has God shown me mercy in the past?**
-Recall moments of forgiveness and let gratitude fuel your repentance.
- **What new habits can I begin to strengthen my walk with Him?**
-List practical steps (daily prayer, scripture reading, accountability) to grow closer to God.